

KĪRTANA ARROW

A

ALIGNMENT

Tune body, mind, and heart to achieve full presence and attention. Avoid aparādha.

R

RELATIONSHIP

Enter the awareness of your eternal relationship with Rādhā and Kṛṣṇa. Infuse your practice with this connection.

R

RENDERING SERVICE

Offer your chanting in the spirit of loving service. Share the glories of the holy names with others.

O

OPENING THE HEART

Cultivate the kīrtana bhāva of separation and longing experienced by Gauracandra. Fill your chanting with genuine devotional feeling.

W

WELCOMING THE DIVINE GIFT

Live in śaraṇāgati (surrender). Enter the receiver mood and patiently await your gift from Nāma Prabhu.

*The Śrīmad-Bhāgavatam describes the arrow analogy in these words:
The Vedic mantra is the bow, the pure living entity is the arrow,
and the target is the Supreme Being. (SB 7.15.42)*